



Dr. Adrian Fletcher is a Survivor with Lived Experience as well as Licensed Psychologist, Certified EMDR therapist and EMDRIA Approved Consultant in Scottsdale, Arizona. She has 17 years of professional experience working within the field of Mental Health in various roles and settings. She operates her own private practice and currently specializes in the treatment of trauma, dissociation, anxiety, stress management, coping skills, distress tolerance, and interpersonal effectiveness. She is also a writer, speaker, and advocate for survivors living with DID. She is also the founder of Alterchology TM a consultation service for survivors and their therapists. She believes brilliant minds can do great things but that dissociative minds can do multiple amazing things.

Dr. Adrian Fletcher
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January Speaker:

Christine A. Courtois, PhD, ABPP, a board-certified counseling psychologist, who retired from clinical practice in Washington, DC in 2016 and who is now an author and consultant/trainer on trauma psychology and treatment. Dr. Courtois was Chair of the Clinical Practice Guideline for the Treatment of PTSD in Adults for the American Psychological Association and is past president of APA Division 56 (Trauma Psychology). She co-founded and was Clinical and Training Director of a specialized inpatient and day treatment program, The CENTER: Posttraumatic Disorders Program. She has published a dozen books on the treatment of various types of trauma, one of which *It's Not You, It's What Happened to You*, a book for survivors and consumers, available on Amazon. She has received professional recognition for her work.

Christine A. Courtois, PhD, ABPP
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