



an infinite mind

HEALING TOGETHER WITH THE HERD GROUP

For People with Dissociation & DID

Please wear sturdy shoes (cross trainers or boots), comfortable clothes, and hat.

 Horsemanship Skills

 Horse Care

 Grooming

 Groundwork



Register now: aninfinitemind.com
or email:

jaime@aninfinitemind.com

Call us for more information:

(954) 907-6862

www.therapybarn.org

*Our mission is to reconnect
people with themselves and the relationships they
cherish most.*



JOIN US!

- Increase your self-awareness and self-acceptance
- Learn to manage stressful situations in a calm body
- Build safe and attuned healthy relationships

DATE

MARCH 23, 2019

*Additional dates are
forthcoming.*

TIME

12:00 PM – 3:00 PM

REQUIREMENTS

This group is adjunctive to trauma therapy. All participants either need to be in active therapy or agree to meet with one of the facilitators before the 1st group session.