

Speaker Bios

Key Note- Lani Kent

Lani Kent is a Therapeutic Arts Facilitator, Speaker, Artist, Writer and Vocalist who has a compassionate heart for victims of sexual, physical, emotional, psychological and spiritual abuse. She is passionate about exploring expressive arts therapies with recovery groups and individual clients as an adjunct to their recovery process and has been working in this capacity for over ten years under the name "Healing Expressions". Lani shares her Restorative Creativity Sessions, therapeutic collage workshops, consultation, vendor exhibits and artwork with survivors, mental health professionals, childhood trauma recovery groups, professional conferences and faith-based healing ministries. She offers her honest expression of the recovery journey in the hopes that others will find the courage to share their own stories and find a voice for the wounded places within.

Alix Amar MEd, MSS, LCSW, CRS

Alix Amar, LCSW has been a psychotherapist in private practice for over 25 years. She specializes in working with people who have a history of early childhood trauma and DID and with people who are experiencing grief and loss. In addition to talk therapy, she also incorporates numerous other modalities into her work including expressive arts, Gestalt, relaxation training, somatic therapy and most recently she has been trained as a SoulCollage® Facilitator. She is a member of the AIM board and attended all the conferences except the first one. At the conference she may be better known as the "Labyrinth Lady" since she brings one to our conference each year for the grounding room.

Bonnie Reed Armstrong

Bonnie Reed Armstrong spent decades as an Apparently Normal Person who knew nothing of the complex dissociative infrastructure that hid much of her childhood and supported her from within. Bonnie enjoyed a 40-year career that involved high-level positions in two Governors' offices, including a stint in Washington DC working with the Carter Administration and Congress. She worked with federal, state, county and local governments, served as an expert consultant on child and family policy issues, as an elected School Board member, appointed commissioner on multiple commissions, non-profit board member, and a speaker and trainer. Bonnie holds a Master's Degree in Human Development from Pacific Oaks College, and is a Certified Life Coach (ACC), having graduated from the Academy for Coaching Excellence. Grateful to be blessed with two grown children, Bonnie also cherishes a growing group of awesome grandchildren.

Bonnie discovered her dissociative disorder, her strong internal community of alters, and the secrets of her childhood in her 50s. She left her career in 2012 to focus on healing, learning about trauma and resilience, and writing and speaking about her journey through mystery, discovery, and the curative interdependence of body, mind and spirit. Bonnie and about a dozen alters now live together peacefully, focused on their joint life's purpose: to break generational cycles of abuse and fear, and create a more loving, harmonious world.

Susan Pease Banitt, LCSW

Susan Pease Banitt, LCSW is a social worker, speaker and author who specializes in the treatment of severe trauma and PTSD. She has worked in the field of mental health for more than four decades in diverse settings: inpatient, outpatient, and medical with adults and children, and trained in the Harvard medical teaching hospitals in Boston, MA. She is a Reiki Master, Kripalu trained yoga teacher, and shamanic healer in the Celtic tradition. Susan's book *The Trauma Tool Kit: Healing PTSD From the Inside Out* (2012) has won several awards. She lives and has a private practice in beautiful Portland, Oregon with her husband and a menagerie of pets. Her second book: *Wisdom, Attachment and Love in Trauma Therapy: Beyond Evidence-Based Practice* (2018) has just been released!

Jeffrey Bazensky

Jeffrey Bazensky is an individual in long-term recovery dedicated to helping individuals recover from behavioral health disorders. I draw from my own journey of recovery to inspire hope and provide support to others who are facing similar situations. I feel passionately that no human being deserves to suffer. I prioritize openness and acceptance regarding multiple pathways to recovery; however diverse, including those opposite from my own. I have found my voice and have a strong interest in peer recovery as a forward movement. Jeffrey is a Certified Peer Recovery Specialist and a Certified WRAP Facilitator.

Marilyn Bennett, LMHC

Marilyn Bennett, LMHC is a licensed counselor in private practice in Cocoa, FL. who has worked with trauma victims for over twenty years. She is a graduate of Rollins College (BA and MA). She has extensive training and experience and specialized training in working with complex trauma and dissociative disorders. She is a co-creator of Limitless Learning Institute, dedicated to improving the lives of those dealing with the impact of trauma by providing increased access to services and increasing educational opportunities for trauma therapists. Marilyn hosts a case study group for clinicians who work with trauma, complex PTSD, and dissociative disorders in Cocoa, FL. She has helped to organize and develop a second group that meets in Orlando.

Adriana Bobinchock

Adriana Bobinchock is the senior director of Public Affairs and Communications for McLean Hospital, the largest psychiatric affiliate of Harvard Medical School. Bobinchock has worked in healthcare communications for more than 17 years and has a keen interest in educating the public about mental health. In 2016, Bobinchock along with her colleague Scott O'Brien, spearheaded McLean's national public awareness campaign Deconstructing Stigma: A Change in Thought Can Change a Life. Bobinchock holds degrees in journalism and history from Northeastern University. Prior to joining the staff of McLean Hospital, she was a journalist covering Boston area news and sports.

Paula Burley

Paula Burley is a registered nurse who has worked in a variety of specialties. Her early experiences were being the nurse manager in a critical care unit, and staff nurse in an outpatient oncology clinic. Her most current position has been working as a staff nurse on the inpatient Dissociative Disorder and Trauma Unit at McLean hospital. She has worked for 27 years in the inpatient unit, and also co-leading an outpatient dealing with dissociation group.

Lizabeth Casada

Lizabeth Casada had an extremely abusive childhood but she didn't remember most of it until the start of therapy in 2009. It was then, that she was introduced to DID, her 21 people and a whole life she didn't remember. She "left" when she was 12 years old and didn't "return" until she was 39. With the help of her therapist and E.M.D.R. (Eye Movement Desensitization and Reprocessing), she was able to complete her therapy and achieve full integration within 18 months. Since the end of her therapy in 2011, Lizabeth has created a full and prosperous life. She has become a Web Developer, Mental Health Advocate, Inspirational speaker and writer. She is currently interning with Rev. Dr. Edwene Gaines at Rock Ridge Retreat Center in Valley Head, AL. She is a Certified Professional Coach and Master Prosperity teacher. She is also working towards her certification in EFT and Psychological Trauma Coaching. Her passion is A Life After Trauma, which works towards removing the stigma surrounding mental illness and helping those that suffer from it to discover their abilities and create a new life after trauma.

Madison Clell

The inner child movement seemed like a load of hoey to Madison Clell, so her ultimate irony was being diagnosed with dissociative identity disorder in 1992, and now even more ironically standing here in public talking about it. However, her friends and loved ones laughed in her face when she insisted she didn't have D.I.D, so after 8 years of incessant therapy she is integrated and wants to tell you all about it. She created autobiographical Cuckoo comics in 1996, followed by a CUCKOO graphic novel, and in 2009 CUCKOO the play was premiered in San Francisco to sold out audiences. More information on Madison's false bravado and the Cuckoo empire can be found at www.madisonclell.com

Cindy Cullen

Cindy Cullen is a freelance computer programmer, teacher, wife and mother. She graduated with a degree in Computer Science in 1989. She worked for the American Chemical Society, General Electric Information Services and an advertising agency before quitting her J.O.B. to stay home with her 3 children and started her freelance business in 2003. She's taught computer, programming skills, and web development to children and adults of all ages. She hires college interns and graduates from her online web development classes to help with her six figure web development business. Lizabeth has two children and three step children with her wife, Cindy. In 2016, Lizabeth and Cindy chose to give away most of their belongings and embrace traveling the US in their RV, full time. They enjoy hiking, riding their trikes, reading, speaking, teaching, creating retreats and connecting with new people.

Nathan Daly, M.S.

Nathan Daly is a clinical psychology student at Nova Southeastern University. Nathan is currently a member of APA's Division 29 (Psychotherapy) and Division 56 (Trauma). His research and clinical interest include the application of mindfulness and attachment to a range of topics, including trauma and dissociation, sexual offenders, eating disorders, and contextual-based models of treatment.

River Dowdy,

River Dowdy is a counseling graduate student at Lindenwood University in St. Louis Mo. She is also an Alternative Training Drama Therapy student through the NADTA with a special interest in DvT- Developmental Transformations. She is also the founder of SoulGround Drama Therapy Retreats. River loves learning about the mind-body link and how drama therapy can help survivors heal.

Amy E Ellis, PhD

Amy E Ellis, PhD is the Assistant Director of the Trauma Resolution and Integration Program (TRIP). She received her doctoral degree in Clinical Psychology from Nova Southeastern University, her Master of Arts degree in Psychology from Adelphi University, and her undergraduate degree from Hofstra University. Dr. Ellis completed her predoctoral internship at the Massachusetts Mental Health Center, in the Department of Psychiatry at Harvard Medical School and her postdoctoral residency at The Renfrew Center of Coconut Creek. Dr. Ellis is involved in a variety of leadership activities within the American Psychological Association: she is on the Editorial Board for Psychological Trauma: Theory, Research, Practice, & Policy; Practice Innovations; and Professional Psychology: Research and Practice. She is also the Editor for the Society for the Advancement of Psychotherapy's website. Dr. Ellis' research interests lie in the application of attachment theory to a wide range of topics including trauma, eating disorders, and substance abuse. Her current research focuses on sexual trauma in underserved populations, namely males and the LGBTQ+ community. She is also interested in understanding mental health professionals' and students' barriers to advocacy in trauma psychology and related fields. Dr. Ellis maintains a private practice and practices from a contextual model grounded in relational theory utilizing a wide range of techniques from cognitive behavioral therapy, dialectical behavior therapy, motivational interviewing, and psychodynamic approaches.

Gala

Gala lives in the Midwest with her husband and two teenage children. Gala loves photography and began dabbling in photography as a way to reduce anxiety and help tune the world out when life became overwhelming. That passion has turned into a small photography business. Like many she has been through hell, but is coming out on the other side a survivor.

Nancy Gaulin PhD

Dr. Gaulin is a psychologist with a specialization in health psychology who has 14 years of experience in the Greater Boston area. She has worked in hospital inpatient and outpatient settings, community mental health and school settings working with children and adults. Dr. Gaulin's post-doctoral training was at McLean Hospital in what is now called the Hill Center for Women. She worked as a staff clinician at McLean Hospital for nine years on the Dissociative Disorders and Trauma Unit. Dr. Gaulin co-founded Facing Cancer Together, inc. in 2009 and is currently the Executive Director. Prior to entering the field of psychology, Dr. Gaulin pursued a 20-year career in business in the financial services sector in Boston and New York City.

Steven N Gold, PhD

Steven N Gold, PhD is Professor in the doctoral psychology programs at Nova Southeastern University (NSU) and Director of NSU's Trauma Resolution & Integration Program (TRIP). In 2004 he served as President of the International Society for the Study of Trauma and Dissociation (ISSTD). He was President of the American Psychological Association (APA) Division of Trauma Psychology in 2009, inaugural editor of the Division's scientific journal, *Psychological Trauma: Theory, Research, Practice and Policy*, from 2008 through 2014, and in 2014 received the Division's Award for Outstanding Service to the Field of Trauma Psychology. He is Editor in Chief of the two volume APA Handbook of Trauma Psychology, Dr. Gold has published extensively on trauma-related topics, including the book *Not Trauma Alone*, which details a model for treating adult survivors of prolonged child abuse. He has been an invited speaker throughout the United States and in Canada, Colombia, Argentina, Spain, and Austria, and regularly serves as an expert witness in cases where trauma and dissociation are relevant issues.

Lynne H. Harris, MPH, LPC, LMHC

Lynne Harris is a trauma expert and licensed mental health counselor who has worked in the healthcare field for over 20 years, and has provided direct clinical care for the past 10 years. She currently maintains private practices in both Georgia and Florida where she specializes in the treatment of Complex Trauma and Dissociative Disorders. Licensed since 2008, Lynne moved to the South from the Washington DC metro area where she was Adjunct Faculty at George Washington University and built a private practice. Much of Lynne's early work in the field was working with inner city children and adolescents as an Art Therapist, which spurred her interest in how to treat trauma. In addition to her clinical work, Lynne has a Master's in Public Health from Columbia University in New York and is committed to working towards a broader solution to childhood sexual abuse. Lynne holds post graduate training in EMDR, Sensorimotor Psychotherapy, Ego State therapy, and Art Therapy.

Robert Holodak

Thirty five year career in sales, marketing, business development, legal and operations with delivering results through strategic and tactical initiatives. Extensive knowledge and hands-on experience in online marketing (e-Commerce, SEM, SEO, PPC) including website design and development, customer acquisition and retention, email marketing, management, warehousing, distribution, fulfillment, budgeting, P/L responsibility, operations, staffing and training. But honestly, I'm just a guy that met a girl in an unusual way although we both knew we were going to meet. She motivates me to be a better man, partner and husband.

Cynthia Herzog LCSW, CAP, ICADC, 500 RYT

Ms. Herzog, has been in private practice for twenty five years specializing in addictions, trauma and chronic pain treatment. She has practiced Yoga for fourteen years and is a 500 hour yoga educator. For the last seven years she has blended her love of yoga with her trauma practice. She offers seminars to both yoga studios and corporations on a variety of subjects including yoga as therapy.

Rev. Criss Ittermann

Rev. Criss Ittermann is a life coach and Interfaith minister who became aware of "other people in her head" at age 16, and has 32 years of experience as a group entity with high co-consciousness and over 20 years of assisting external multiple systems to develop better internal relationships. Rev. Criss is the majority contributor to kinhost.org, host of Many Minds on the Issue podcast, and the developer of the United Front Boot Camp for building internal community.

Cynthia Kaufman DDS

Dr. Cindy Kaufman was an honored presenter at AIM 2017. She is a dentist from Doylestown, PA, a scientist, writer and perpetual student of life. Her focus is to use her personal experiences along with her medical background and treatment history to help teach and support patients, clinicians and laymen alike, about DID, eating disorders and the mental health care system.

Marissa

Marissa is an IT goddess, teacher, parent of a teenager, and survivor of childhood trauma. She's also multiple. Much to her surprise, she was diagnosed with DID in 2014 after being convinced there was absolutely nothing wrong with her for her entire life. Since then her life has changed completely, and ultimately for the better. After being a member of a DID skills group for a year, she worked up the courage to attend her first Healing Together in 2017 where she met her future wife! Now she spends her free time doing yoga, cycling on Georgia bike trails, cooking, and navigating a relationship with two multiples!

Milissa Kaufman MD PhD

Dr. Kaufman received a PhD in Behavioral Neuroscience and an MD in medicine from the Boston University Combined MD/PhD Program. As a doctoral student, she trained at the National Center for Posttraumatic Stress Disorder in Boston. Her research focused on the assessment and treatment of trauma-spectrum disorders including acute stress disorder, PTSD, and the dissociative disorders. Following completion of the MD/PhD Program, Dr. Kaufman completed psychiatry residency training at MGH/McLean Hospitals in Boston. After residency, she continued at McLean Hospital as a research fellow, and later as an attending psychiatrist at the Dissociative Disorders and Trauma Program. Currently, she is the Medical Director at the Hill Center for Women at McLean Hospital, a treatment program specializing in treatment for women with PTSD and DID. In addition, she is the Primary Investigator for the Dissociative Disorders and Trauma Research Program. This program's mission is to study trauma-spectrum disorders in women with histories of childhood abuse. Dr. Kaufman teaches and supervises residents within the Harvard Medical School training programs.

Kristin Kwak

Kristin Kwak is a nutritional therapist and registered dietician with a Master's of Science degree from Case Western University in Cleveland, OH. She was an out-patient manager and consultant in Nutrition Services at the Renfrew Center for Eating Disorders in Philadelphia and now works in Private Practice in Bucks County, PA. Kristin is a member of the American Academy of Nutrition and Dietetics and is on the board of the Greater Philadelphia chapter of the International Association of Eating Disorder Professionals. She works with DID patients in her practice and hopes to educate others on the treatment of eating disorders within the DID community.

Robin Lickel LPC

Robin Lickel is a psychotherapist in Madison WI, specializing in complex trauma and dissociative symptoms. She co-facilitates a group for women with dissociative symptoms. For fun, she likes to garden and disco dance.

Christine Marston PhD

Dr. Christine Marston is a licensed psychologist in private practice in Bucks County, PA. She completed her doctoral degree at the California School of Professional Psychology, with an emphasis in Health Psychology and brings over 20 years of clinical experience to her work with clients, treating dissociative disorders, eating disorders, depression, anxiety and trauma. She completed her postdoctoral training at the Renfrew Center for Eating Disorders in Philadelphia and serves on the board of the Greater Philadelphia chapter of the International Association of Eating Disorder Professionals.

Megan

Megan is an elementary school teacher, ABA therapist, wife, and mother of four. Having previously presented at Healing Together on raising a family while having D.I.D and building a support system outside of therapy, Megan now talks about her path of continual healing (because is it really ever *done*?) and how building a support team INSIDE the office has helped her on this journey.

Robert Oxnam PhD

Robert Oxnam is the author of the well-known psychological autobiography, *A Fractured Mind* (Hyperion, 2005). His professional background has focused on China and Asia and he was the former president of the Asia Society, a global institution focusing on education, culture, and public affairs. Currently he works as a consultant on China and pursues a creative life as a sculptor and photographer with several exhibitions to his credit. *A Fractured Mind*, however, tells the inner story -- severe abuse and Dissociative Identity Disorder. Today he spends much of his time speaking about his experience -- often to those with serious psychological problems and therapists, but also to musicians and artists seeking to understand their own untapped creative capacities. In this whole experience, he has been blessed by the deeply caring presence of his wife, Vishakha Desai, a specialist on Indian art, now working as senior advisor at Columbia University and the Guggenheim Museum.

Michael Quinones, M.S.,

Michael Quinones, M.S., is a clinical forensic psychology student at Nova Southeastern University. Michael is currently a student member of the International Society for the Study of Trauma and Dissociation and APA's Division 29 (Psychotherapy). His research and clinical interests include the application of attachment and developmental theory to a range of topics, including trauma and dissociation, substance use, forensic settings, and contextual-based models of treatment.

Stephanie Rickey, PsyD

Stephanie Rickey, PsyD received her BA in Psychology from The George Washington University and her Doctorate in Clinical Psychology from Argosy University, The American School of Professional Psychology. As a doctoral student, she trained with Dr. Christine Courtois at The Center for Posttraumatic Disorders in Washington DC and completed a predoctoral internship at Westborough State Hospital in Massachusetts. Following this, Dr. Rickey completed a post-doctoral fellowship at the Women's Treatment Program (now the Hill Center for Women) at McLean Hospital with a focus on Posttraumatic Stress Disorder (PTSD) and the dissociative disorders. Dr. Rickey has also trained in and run Dialectical Behavior Therapy (DBT) groups for women with PTSD and dissociative disorders. Currently, Dr. Rickey is the Director of Admissions for the Hill Center for Women at McLean Hospital in Massachusetts, a residential and partial hospital program specializing in the use of skills training for women with PTSD. She is a member of the McLean Hospital Trauma Consultation and LEADER Consultation Teams. She also supervises psychology post-doctoral fellows, psychiatry residents and is a group leader at the Hill Center. Dr. Rickey is an Instructor in Psychology at Harvard Medical School.

Matthew Robinson PhD

Matthew A. Robinson, PhD, is a staff psychologist at McLean Hospital and an instructor in psychiatry at Harvard Medical School. He provides individual, group, and couples treatment for trauma-related disorders within the Law Enforcement, Active Duty, Emergency Responder (LEADER) Outpatient Clinic's Mood, Anxiety, Stress, and Trauma Track.

As a member of the Dissociative Disorders and Trauma Research Program, Dr. Robinson collaborates on grant-funded, cutting-edge research. He is a co-investigator on grants aimed at understanding the neurobiological and genetic underpinnings of trauma and dissociative disorders and how genetic/epigenetic and neurobiological markers might help predict treatment outcomes. He received the inaugural McLean Trauma Initiative Fellowship to investigate stigma and other barriers to seeking mental health treatment among uniformed personnel. He also focuses his research on marginalized and stigmatized groups such as the LGBTQ community. Dr. Robinson completed his doctoral training at Teachers College at Columbia University and a post-doctoral fellowship at VA Boston Healthcare System.

April Rose

April Rose is in long-term recovery with co-occurring diagnoses of DID and addiction. She was diagnosed with DID in 2016 and began her journey in the Peer Recovery Movement and re-discovered her passion for creating art. Prior to then, she worked as a licensed clinical social worker for 19 years serving families healing from multi-generational trauma, specializing in mind-body focused treatment for children and adolescents. She is a Certified WRAP Facilitator.

Larry Ruhl

Larry Ruhl is the author of *Breaking the Ruhls*, a memoir about recovering from childhood sexual abuse and complex trauma. He serves on the board of Taking Back Ourselves, an organization that provides healing weekends of recovery for women survivors of sexual abuse and assault. He has spoken at colleges and retreats to increase awareness of sexual abuse against men and boys. He is a member of the RAINN Speakers Bureau. Today he shares his story publicly to spread awareness and to help others shed the shame and stigma associated with sexual abuse. He graduated from the Fashion Institute of Technology (FIT), with a degree in Display & Exhibit Design.

Elizabeth Samsell, LCSW, CHTP

Liz spent 30 years working as a Licensed Clinical Social Worker at mental health centers. She worked with people of all ages, individuals, couples, families, groups and with a variety of diagnoses including DID. Her experience in the counseling field led her to the awareness that there is a need for healing beyond traditional talk therapy. She studied CranioSacral Therapy and Healing Touch along with other energy therapies and found they were an effective part of the healing process. Working together with her wife, Sharon (co-presenter with DID), they discovered that energy therapies worked well in addressing body memories and facilitated healing at a deeper level. Liz has a deep compassion for helping victims of trauma, abuse and neglect find healing and wholeness in their lives through the use of energy therapies.

Sharon D. Samsell, M.Div, LMHC, CHTP/I

As a Licensed Mental Health Counselor, Ordained Presbyterian Minister, Certified Healing Touch Practitioner/Instructor, (and over achiever), Sharon is not your traditional talk therapist and prefers to be known as a holistic health practitioner. Her experience in the healing arts began in the late 1990s with her personal journey of healing from childhood sexual abuse. After 10 years of therapy working to heal recovered memories that were previously unknown, Sharon enjoyed a relatively healthy, quiet and successful life for some 13 years. During this time she met her wife, Liz (co-presenter) and thrived in their life together. In 2013, due to the curve balls of life situations, Sharon found it necessary to return to therapy. During this part of her healing Sharon discovered that she was DID and thus began a more intense journey that has led to incredible discoveries, both beautiful and terrible, of what it means to be a multiple. Sharon knows PTSD and dissociative disorders from the inside out and offers insight from a personal perspective in her work with clients. She has found energy work, creative and experiential modalities, and animals to be particularly healing for herself and others.

Analie Shepherd

Analie Shepherd, diagnosed with DID, is the author of the award-winning memoir, *Mending the Shattered Mirror*, which chronicles her experience of surviving abusive therapy and her inspirational journey of recovery and self-discovery. A frequent guest on mental-health Podcasts, Analie is a committed advocate for patients seeking support and healing within therapy. Her encouraging message of hope brings a much-needed focus on the difficulties, pitfalls, and benefits of therapy for survivors of childhood abuse, and people with DID and PTSD. Her story is an important one that needs to be heard by therapy clients, as well as by those within the psychotherapy community seeking a deeper understanding of the devastating consequences of boundary violations for their patients. Analie Shepherd has been happily married for 40 years and is the mother of four wonderful children and five precious grandchildren. She is a musician, actress, artist and author.

Kimberley Snow, MA, LMHC, LMFT

Kim Snow, M.A., LMFT, LMHC, is a Marriage and Family Therapist and an Art Therapist in Orlando, Florida who has worked with trauma survivors for 38 years. A graduate of Georgetown University (B.A. and B.S.) and George Washington University (M.A.) she trained in Washington D.C. during the early development of D.I.D. (then MPD) treatment and continued to develop her own therapy process with art therapy, hypnotherapy and play therapy with children. She is currently retired from her clinical practice but still consults, supervises, and presents at conferences. She is active with the Red Cross Disaster Team and is the Orlando Disaster Mental Health Lead.

Talia Soto, M.S.

Talia Soto is a clinical psychology student at Nova Southeastern University. Her research and clinical interests include the application of attachment theory to a range of topics, including trauma and dissociation, personality disorders, substance use and contextual-based models of treatment.

Heather Stuckey, D.Ed.

Heather Stuckey, D.Ed. is Associate Professor of Medicine, Humanities and Public Health Sciences at the Penn State University Hershey College of Medicine. Dr. Stuckey's expertise is in qualitative research and mixed methods, generally leading to interventions to improve diabetes management and psychosocial outcomes. She was lead qualitative investigator for the DAWN2 (Diabetes Attitudes, Wishes and Needs) study to identify psychosocial needs of people with diabetes, health care providers and family members around the world. Dr. Stuckey is extending that research to the UK, where she is studying the interaction of severe mental illness (SMI) with chronic disease. She currently holds an NIDDK DP3 grant to analyze patient blog use and provider perceptions to identify barriers and facilitators to self-management. She works on other funded opportunities, all related to researching quality of life and pathways to improvement in living with chronic disease. Dr. Stuckey has published multiple articles on diabetes and psychosocial factors, social networking support, habits of successful diabetes/weight loss practices, and the use of creative expression in diabetes. She is also Director of Research for the Foundation for Art & Healing, and has a strong research focus on determining strategies for incorporating the arts into the patient experience.

Olga Trujillo

Olga Trujillo is an attorney, speaker, author. She currently serves as the Director of Education and Social Change for Latinos United for Peace & Equity of Caminar Latino. In 1993, she was diagnosed with Dissociative Identity Disorder. Her experience over the past 25 years has been as an attorney for the U.S. Department of Justice, and a consultant to many local, state and national organizations. Olga is an internationally sought speaker and author and is featured in the video "A Survivor's Story", a documentary and training video based on her personal experience of violence. Her memoir, *The Sum of My Parts* was released by New Harbinger Publications in October 2011.

Reyna Vaughn

Reyna Vaughn is a wife, mother, artist, and psychology student. She is also a SRA, incest survivor with DID. Her system is poly-fragmented with many insiders. Reyna is studying to become a therapist one day. Her interests include working with trauma survivors, people with eating disorders, and attachment disorders. She hopes to incorporate art and play with clients of varying ages. This will be Reyna's 5th time attending the Healing Together Conference. Each year brings new milestones in growth and healing progress.

Veronica

Veronica learned in 2012 that she's a multiple. She never imagined her life would be brighter and better with this discovery, but it is! Her life is many times over better since that day in August 2012 when she ran out of her psychiatrist's office once he told her he believed she had DID. These days Veronica is adjusting to life in Georgia after 20 years in New York. She is trading her bagel habit for a new pimento cheese habit. Veronica is eternally grateful to all the folks that put on Healing Together every year. You make a life changing difference for all of us with the connections that are possible every year with this conference. Thank you!